

Walsall Support Services



TALK TO US

If things are getting to you

Talk to us any time you like, in your own way – about whatever's getting to you.

116 123 FREE
This number is FREE to call

jo@samaritans.org

samaritans.org



A registered charity

Text SHOUT to 85258

shout 85258 here for you 24/7



Blakenall Village Centre, Thames Rd,
Blakenall, Walsall
<http://bloxwichblakenall.foodbank.org.uk>

07747 301374



Black Country Women's Aid

we listen, we support, we care

supports survivors of domestic abuse and sexual violence

0121 553 0090

<https://blackcountrywomensaid.co.uk/>

Shout mental health text service

Text Shout to connect to a trained person to help you

Text: 85258
giveusashout.org



St Bernards Church, Broome Avenue,
Birmingham, B43 5AL,

info@greatbarr.foodbank.org.uk

0121 357 5399

<https://greatbarr.foodbank.org.uk/>



A & A SERVICES

provides befriending and practical support to vulnerable people

0330 0433445

<https://aandacharity.org/>



196A Walsall Wood Rd,
Aldridge, Walsall

<https://thethomasproject.co.uk/>
office@thethomasproject.co.uk

01922 452213



Chapel Street, Pelsall, WS3 4LN.

<https://walsallnorth.foodbank.org.uk/>

info@walsallnorth.foodbank.org.uk

07582 869895

ADULT SOCIAL CARE & CHILD PROTECTION SAFEGUARDING

0300 555 2922

https://go.walsall.gov.uk/adult_safeguarding



All Saints Foodbank,
All Saints Church Hall,
139 Walsall Rd,
Darlston, WS10 9LA

BLACK COUNTRY FOODBANK

LOVE . CONNECT . INVEST

Brownhills Community Centre,
Chester Rd North, Brownhills

<http://brownhillsca.org.uk/food-bank.html>

info@brownhillsca.org.uk,

01543 452 119

www.mywalsall.org/fis/safeguarding-in-walsall/

24/7 helpline

here to support you with your mental health

Feel unable to cope and need to speak to someone urgently?

Call 0800 008 6516



Ablewell Walsall Debt Advice and Food Bank support.

www.ablewelladvice.org.uk/
01922 639700

BLACK COUNTRY FOODBANK

LOVE . CONNECT . INVEST

Lichfield House,
27-31 Lichfield Street, Walsall

contact@therockchurch.co.uk

01922 630 205



If you need practical help with: · shopping · picking up prescriptions · food parcels · advice on financial help · reassurance calls/befriending
email: COVID-19communityhelp@walsall.gov.uk or call 0121 380 669